

Care Centre Rec Calendar

May

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 Tim Horton's Drive Thru Day (2:30)	6 Virtual Resident Council (10:30)	7	8 Breakfast Your Way WG & CO
	2:00 Exercise OR 3:00 Exercise WG 4:30 Exercise MB	9:45 Exercise PW 10:30 Hymns PW 2:30 Hymns MB 3:45 Exercise CO 4:30 Exercise MB	9:45 Exercise PW 10:30 Hymns CO 2:00 Exercise OR 2:30 Hymns WG 3:00 Exercise WG	9:45 Exercise PW 10:30 Hymns OR 2:30 Hymns OR 3:45 Exercise CO 4:30 Exercise MB	2:00 Exercise OR 3:00 Exercise WG 3:45 Exercise CO	
9	10	11	12 Mother's Day Celebration (2:30)	13	14	15 Breakfast Your Way PW & MB
	2:00 Exercise OR 3:00 Exercise WG 4:30 Exercise MB	9:45 Exercise PW 10:00 Hymns MB 11:00 Hymn Sing PW 3:45 Exercise CO 4:30 Exercise MB	9:45 Exercise PW 10:30 Hymns CO 11:00 Drumfit Training 2:00 Exercise OR 3:00 Exercise WG	9:45 Exercise PW 10:30 Hymns WG 2:30 Hymns OR 3:45 Exercise CO 4:30 Exercise MB	2:00 Exercise OR 3:00 Exercise WG 3:45 Exercise CO	
16	17	18	19	20 Breakfast Your Way OR	21	22
	2:00 Exercise OR 3:00 Exercise WG 4:30 Exercise MB	9:45 Exercise PW 10:30 Hymns PW 2:30 Hymns MB 3:45 Exercise CO 4:30 Exercise MB	9:45 Exercise PW 10:30 Hymns CO 2:00 Exercise OR 3:00 Exercise WG 4:30 Exercise MB	9:45 Exercise PW 10:30 Hymns WG 2:30 Hymns OR 3:45 Exercise CO 4:30 Exercise MB	2:00 Exercise OR 3:00 Exercise WG 3:45 Exercise CO	
23	24	25	26	27	28	29
	2:00 Exercise OR 3:00 Exercise WG 4:30 Exercise MB	9:45 Exercise PW 10:30 Hymn PW 2:30 Hymn MB 3:45 Exercise CO 4:30 Exercise MB	9:45 Exercise PW 10:30 Hymns CO 2:00 Exercise OR 3:00 Exercise WG	9:45 Exercise PW 10:30 Hymns WG 2:30 Hymns OR 3:45 Exercise CO 4:30 Exercise MB	2:00 Exercise OR 3:00 Exercise WG 3:45 Exercise CO	2pm Baby Shower and Games MB & PW
30	31	<div style="border: 1px solid black; padding: 10px;"> <p>Please note that this calendar reflects some of the activities that are occurring in the month. On each home area there are additional morning and afternoon programs offered that are communicated with residents each day. This has allowed the recreation team the flexibility to offer more personalized engagement opportunities for each resident. For questions contact Program Manager mmenounos@trinityvillage.com</p> </div>				
	2:00 Exercise OR 2:30 Birthday Celebration 3:00 Exercise WG 4:30 Exercise MB					