



## WELCOME PRETZEL!

*We would like to welcome Pretzel to Trinity Village Care Centre! Pretzel is a Shi-Poo, and he belongs to our Program Director, Maria. He is a very curious and playful puppy!*



# Pretzel



[www.trinityvillage.com](http://www.trinityvillage.com)

# FEBRUARY CAFÉ MENU

		<b>Friday (Feb. 1)</b> Sweet & Sour Chicken Balls/Rice/Spring Roll
<b>Monday (Feb. 4)</b> Cabbage Rolls/Garlic Bread	<b>Wednesday (Feb. 6)</b> Chicken Fingers/Fries/Gravy	<b>Friday (Feb. 8)</b> Sheppard's Pie/Breadstick
<b>Monday (Feb. 11)</b> Fish & Chips/Coleslaw/Gravy	<b>Wednesday (Feb. 13)</b> Penne Bolognese/ Caesar Salad	<b>Friday (Feb. 15)</b> Meatloaf/Mashed Potato/Corn
<b>Monday (Feb. 18)</b> Closed for Family Day	<b>Wednesday (Feb. 20)</b> Perogies/Tossed Salad	<b>Friday (Feb. 22)</b> Chicken Breast/Mashed/Hot Veg
<b>Monday (Feb. 25)</b> Chicken Caesar Salad/Garlic Bread	<b>Wednesday (Feb. 27)</b> Spaghetti with Meat Sauce/Tossed Salad	<b>Thursday (Feb. 28)</b> Chinese Food



## VISIT WITH THE BUTTERFLIES

Care Centre residents enjoyed an outing to the Cambridge Butterfly Conservatory in January. The Conservatory temperature ranges from 24°C to 28 °C with high humidity!





# FAMILY COUNCIL



Trinity Village  
Family Council

tvccfamilycouncil@gmail.com  
(519) 893-6320, ext. 301

The Family Council consists of volunteer family members of residents past and present. We advocate, educate and offer support for residents and their families. Our Council is an autonomous group which has been organized to improve the quality of life for residents and to give families a voice in decisions that affect them and their loved ones.

We meet the second Tuesday of each month (Feb. 12, 2019) in the Board Room in the Administrative wing at 6:15 P.M. On February 12, 2019 we will have Director of Resident Care, Miller Longanilla at our meeting. So, if you want to ask questions about how the nursing staff are directed please consider dropping into the meeting. We are always looking for people with varied life experiences and ideas to share with our group.

If you would like to make a Donation to your Family Council to support our Compassionate Fund, a cheque can be made out to the Trinity Village Family Council and left at the front desk.

## STUDENTS AND VOLUNTEERS



**Miryan Pires**  
Conestoga College, RPN



**Rosemary Victor**  
WLU, Social Work



We welcome volunteers and students to become a part of our community! Make a difference in the lives of our residents through our wide range of opportunities we offer. Discover the joy and fulfillment of volunteering at Trinity Village!

Contact **Judy McKnight**, *Volunteer Coordinator*

[jmcknight@trinityvillage.com](mailto:jmcknight@trinityvillage.com)

(519) 893-6320 ext. 310



# FEBRUARY EVENTS

Every Friday – 2:15pm and 3:00pm  
Bingo & Afternoon Pub (GP)

February 5 – 6:30pm  
Bingo Night (GP)

February 7 – 10:30am  
Residents Council Meeting (GP)

February 11 – 2:30pm  
Men's Group (GP)

February 12 – 6:30pm  
Valentine's Theme Concert with  
"Record Day Music"

February 13 – 2:30pm  
Valentine's Dance with Michael  
Kelly Cavan (GP)

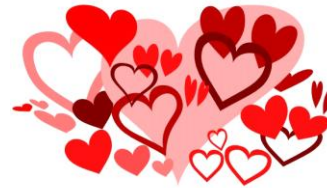
February 14 – 8:30am  
Valentine's Day Breakfast (GP)

February 19 – 6:30pm  
Comedy Movie Night (GP)

February 21 – 2:30pm  
Monthly Birthday Celebration with  
Rick Rathwell (GP)

**The Villager** is edited by  
Jayme Noordermeer,  
Community & Donor Development Coordinator.

To submit a story or photos,  
call (519) 893-6320 ext. 303  
or e-mail [jnoordermeer@trinityvillage.com](mailto:jnoordermeer@trinityvillage.com).



TVCC Lobby Vendor (Open to the public)



EasyWear Adaptive Clothing  
Mobile Boutique

February 9 from 11am to 3pm  
February 25 from 11am to 3pm  
[www.easywearadaptiveclothing.com](http://www.easywearadaptiveclothing.com)

## Important Reminder!

Flu Season typically ranges from November  
until March.

Cold and Flu germs spread easily to others.  
Stop the Spread.

***If you are sick, please stay home.***

The first defense method is  
**Hand Hygiene** as cleaning your hands  
reduces germs spreading and protects our  
residents, staff, families and visitors.



## Caregiver Support Group

February 7, 2019 at 1:15pm  
in the Board Room  
RSVP Required:

Heather Jackson, Social Worker  
(519) 893-6320 ext. 292  
[hjackson@trinityvillage.com](mailto:hjackson@trinityvillage.com)