

# January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 	2 9:30 Exercise Class– <b>TC/DR</b> 10:30 Branching Out Word Game – <b>CR</b> 12:30 Tuck Shop – <b>GH</b> 1:30 <b>KPL Service – CR</b> 2:30 Making Suet for the Bird Feeders – <b>CK</b>	3 9:30 <b>Stanley Park Mall</b> 2:00 Christmas Decoration Clean Up – <b>GH</b> 3:00 Christmas Tree Clean Up 2 <sup>nd</sup> & 3 <sup>rd</sup> Floor – <b>LS</b>	4 9:30 Exercise Class– <b>TC/DR</b> 10:30 Resident Council – <b>RR</b> 2:00 Jeopardy – <b>CR</b> 3:30 Men’s Group - <b>GR</b>	5 <i>Refer to Activity Board in Great Hall for Programs</i>
6 10:30 Catholic Mass – <b>TVCC</b>	7 9:30 Exercise Class– <b>TC/DR</b> 10:30 Dominoes with Zulma - <b>CR</b> 1:30 Coffee with the Chaplain - <b>CR</b>	8 10:00 Story Stones with Lorna – <b>CR</b> 10:30 Interdenominational Worship Service – <b>TVCC</b> 12:00 Pancake Lunch - <b>DR</b> 2:00 Entertainment by Paul Schalm – <b>DR</b>	9 9:30 Exercise Class– <b>TC/DR</b> 10:30 Spiritual Wellness: Exercising our Soul – <b>CR</b> 2:30 Bingo with Lorna – <b>DR</b>	10 10:30 <b>Intergenerational Music Program at the Yearly Years Centre</b> 2:30 Uno with Zulma - <b>CR</b>	11 9:30 Exercise Class– <b>TC/DR</b> 10:30 Trivia with Lorna – <b>CR</b> 2:30 Bingo– <b>DR</b>	12 2:30 Music Program with Mary-Lou and Friends – <b>DR</b>
13 10:30 Catholic Mass – <b>TVCC</b>	14 9:30 Exercise Class– <b>TC/DR</b> 1:30 Hymn Sing – <b>DR</b> 3:00 Front Porch Travels Discussion Group – <b>CR</b> 6:30 Studios Friends and Family Toonie Bingo – <b>DR</b>	15 9:30 <b>Fairview Mall</b> 10:30 Interdenominational Worship Service – <b>TVCC</b> 2:00 <b>Terraces Coffee Social – TC</b> 2:30 Bingo - <b>DR</b>	16 9:30 Exercise Class– <b>TC/DR</b> 10:30 Spiritual Wellness: Exercising our Soul – <b>CR</b> 12:30 Tuck Shop – <b>GH</b> 2:00 Entertainment by Kim Atkins – <b>DR</b> 3:15 New Resident Welcome Meeting – <b>CR</b>	17 10:00 Cranium Crunches – <b>CR</b> 2:00 <b>Giant Tiger</b>	18 9:30 Exercise Class– <b>TC/DR</b> 10:30 Jeopardy – <b>CR</b> 12:00 Fish & Chips Lunch - <b>DR</b> 2:00 Bean Bag Toss – <b>DR</b> 3:30 Men’s Group – <b>GR</b>	19 <i>Refer to Activity Board in Great Hall for Programs</i>
20 10:30 Catholic Mass – <b>TVCC</b>	21 9:30 Exercise Class– <b>TC/DR</b> 1:30 Bible Study – <b>CR</b> 3:00 Crossword Puzzle – <b>CR</b> 6:30 Studios Movie Night on the Big Screen – <b>DR</b>	22 10:30 Interdenominational Worship Service – <b>TVCC</b> 11:15 <b>Lunch at the Old Marina Restaurant</b> 2:30 Bingo - <b>DR</b>	23 9:30 Exercise Class– <b>TC/DR</b> 10:30 Spiritual Wellness: Exercising our Soul – <b>CR</b> 12:30 Tuck Shop – <b>GH</b> 2:00 Categories Word Game – <b>CR</b>	24 10:00 <b>Coffee at Baden Beantown Café</b> 2:00 <b>Steve’s Farewell Party – DR</b> 5:00 <b>Special Dinner – DR</b>	25 9:30 Exercise Class– <b>TC/DR</b> 10:30 Dominoes – <b>CR</b> 3:00 Happy Hour – <b>GH</b>	26 <i>Refer to Activity Board in Great Hall for Programs</i> 2:00 Baby Shower for Brayan and Roxana - <b>DR</b>
27 10:30 Catholic Mass – <b>TVCC</b>	28 9:30 Exercise Class– <b>TC/DR</b> 11:30 <b>Terraces Lunch at the Café – TVCC</b> 1:30 Worship Service – <b>DR</b>	29 10:00 <b>Grand River Raceway Casino</b> 10:30 Interdenominational Worship Service – <b>TVCC</b> 2:30 Bingo - <b>DR</b>	30 9:30 Exercise Class– <b>TC/DR</b> 10:30 Spiritual Wellness: Exercising our Soul – <b>CR</b> 2:00 <b>Monthly Birthday Party with Derek Byrne – DR</b>	31 10:00 <b>Shoppers Drug Mart</b> 3:00 Newsletter Prep	<b>January Birth Flower</b>  <b>Carnation</b>	<b>January Birthstone</b>  <b>Garnet</b>

**LEGEND**

**DR** – Dining Room  
**CR** – Celebration Room  
**GH** – Great Hall

**TC** – The Chapel  
**CF** – Craft Room  
**CK** – Community Kitchen

**RR** – Rec. Room  
**GR** – Games Room  
**HS** – Hair Salon

**OP** - Outdoor Patio  
**CG** – Community Garden  
**LS** – Lounges (2<sup>nd</sup> & 3<sup>rd</sup> Floors)

**TVCC** – Care Centre, Gathering Place